

1st Annual Conway Race for Health

1 Mile Run, Sunday April 18th, 2010

Race Information

Date: Sunday, April 18th, 2010 - rain or shine

Time: 1-Mile Run/Walk begins at 10:00 am

Age Groups: 5-6 boys at 10:00am and girls at 10:20am

7-8 boys at 10:40am and girls at 11:00am

9-10 boys 11:20am and girls 11:40am

11-12 boys at 12:00pm and girls at 12:20pm

Location: Conway Elementary School

105 Primmer House Road, Fredericksburg, VA 22405

Fee: \$15 per Racer

Purpose: Proceeds will go toward purchasing innovative equipment for our physical education classes to help promote healthy learning.

Report: Please **arrive 30 minutes before start of race**



Mail-in Registration

Please complete the information below, detach and mail with payment to:

Conway Elementary School

105 Primmer House Road, Fredericksburg, VA 22405



Online Registration

You can find more information and register online at

www.racetimingunlimited.com

Click on Races for all ages to find us.

Awards and Refreshments

Trophies will be given to the top 3 finishers in each age group

Will have water stations for the racers

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Please Print ONE Entry Form per Participant—Non Transferable - be sure to complete ALL fields of information.

Name: _____ Address: _____

Home Phone: _____ Cell Phone: _____ Email: _____

Gender: _____ Date of Birth: _____ Age on race day: _____

Race Day Shirt Information (t-shirt included if registered by April 6th)

YOUTH: S ___ M ___ L ___ ADULT: S ___ M ___ L ___ XL ___ XXL ___

Please make checks payable and mail to: Conway Elementary School; 105 Primmer House Road, Fredericksburg, VA 22405

I know that running or walking a race on school property is a potentially hazardous activity and that I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running in this event including but not limited to, falls, contact with other participants, and the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I agree to abide by any decision of race officials relative to my ability to safely compete in the run/walk. Having read this waiver and knowing these factors, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive, release and indemnify Conway Elementary, Conway Elementary and all its agents, officers and employees, Stafford County Schools and all its agents, officers and employees, the sponsors of this race, any government entities, and any other sponsors, persons or organizers associated with the race and their representatives and others from all claims or liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all foregoing to use any photographs, motion pictures, recordings or any other record for this event or any legitimate purpose. Race management reserves the right to alter or cancel the race for safety reasons—NO RAINDATE, NO TRANSFERS, NO REFUNDS. Race management reserves the right to change prizes and awards.

Guardian Name

Guardian Signature

Date