

Race Information and Course Maps are posted and will be continuously updated at www.racetimingunlimited.org.

Registration: On or before March 12, 2012 cost is \$15/\$20. After March 12, 2012 cost is \$20/\$25. (Kids' 1 Miler/5K Fun Run)

T-shirts: Fee includes a T-shirt. T-shirts may not be available for late or race day registrants.

Overall Awards:

Kids' Run: All participants will receive a finisher's medal. Top three girl and boy **ELEMENTARY** runners will receive a trophy. We are encouraging middle and high school students to participate in the 5K.

5K: Top 3 places overall will receive gift certificates.

Age Group Awards 5K: Age group prizes for top three places in each age group.

Age Groups: 8&under, 9-11, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60&over

Packet Pick-up and Late Registration:

Race numbers and T-shirts may be picked up at South Anna Elementary School on Friday March 23, from 6pm to 8pm. Race day pickup is from 6:30-7:30am. Packet must be picked up by the runner or the guardian of the runner. Neighbors or friends may NOT pick up packets for others.

5K Course: Start/finish on SAES track, with main portion on Walton's Tavern Road. Walkers are encouraged. No dogs, bicycles, or strollers please.

One Miler Course: The one mile course will be entirely on school grounds.

Individual Spirit Competition: Cash prize will be given to the runner whose costume displays the most school spirit.

Group Spirit Competition: Cash prize will be given to the group of runners whose costume displays the most school spirit.

Fitness Stations: Fitness Stations will be available on the infield of the SAES track.

Raffle: All participants will be entered in a raffle for prizes donated by local businesses.

Chip Timing will be provided by Race Timing Unlimited, using the Winning Time Chips. Chips will be distributed at South Anna ES starting at 6:30am on race day. Chips will be collected as you exit the race. Chips are to be worn on the right ankle. **NO CHIP, NO TIME.**

Important Information: To ensure runner safety, unregistered runners, bicycles, skateboards, roller skates and roller blades, strollers, and pets are prohibited on the course. Headphones are discouraged.

Directions to Packet Pick-up and Start/Finish:

http://hcps2.hanover.k12.va.us/directions/dir_saes.html

Race Benefits: SOUTH ANNA ELEMENTARY SCHOOL PTA